



**Al-Hijrah**  
Secondary School  
مدرسة الهجرة الثانوية

### **Anti-Bullying Policy**

**Date agreed by Governing Body:** \_\_\_\_\_

**Signature of Chair of Governors:** \_\_\_\_\_

**Signature of Head Teacher:** \_\_\_\_\_

**Policy Active from:** \_\_\_\_\_

**Review:** \_\_\_\_\_



## AL-HIJRAH SECONDARY SCHOOL ANTI - BULLYING POLICY

### Why have a Policy?

- Bullying is not a particular problem at the school, but as in all schools, it may occur and must be taken seriously.
- Because bullying is destructive
- Because bullying interferes with education
- Because bullying affects pupils, parents and teachers
- Because we are working to get rid of bullies and bullying

### What is Bullying?

It is the conscious desire to hurt, threaten or frighten someone. It can be:

<ul style="list-style-type: none"><li>▪ Insults</li><li>▪ Physical violence</li><li>▪ Isolating someone</li><li>▪ Using cruel nicknames</li></ul>	<ul style="list-style-type: none"><li>▪ Writing untruthful things about someone</li><li>▪ Making threats</li><li>▪ Spreading rumours</li></ul>	<ul style="list-style-type: none"><li>▪ Tormenting</li><li>▪ Being unfriendly</li><li>▪ Teasing</li><li>▪ Taking or hiding property</li></ul>
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### It can happen

<ul style="list-style-type: none"><li>➤ In classrooms</li><li>➤ In corridors</li></ul>	<ul style="list-style-type: none"><li>➤ In playgrounds</li><li>➤ On buses</li></ul>	<ul style="list-style-type: none"><li>➤ Outside school</li></ul>
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### How do you stop Bullying?

- Tell - unless someone tells a friend, teacher or parent, it is difficult to help. We all have a responsibility to protect each other.
- Counsel - we believe that good advice and support can change the behaviour of bullies and their victims.
- Be consistent - a victim must always be given time, listened to and not rejected.
- Punish - bullies must understand that they can be severely **punished** for persistent bullying.
- Inform - parents must know if their child is involved in persistent bullying. The School will write to parents and tell them.

### Why should I tell if there is bullying?

If you do not tell someone:

- The bullying carries on and gets worse.
- The bully could bully other people.
- The bully would not get help.

### What will happen to someone who is bullying?

- They will be asked to explain their actions.
- Their parents will be informed.
- Appropriate action will be taken.
- If bullying continues then the bully may be excluded from the school.